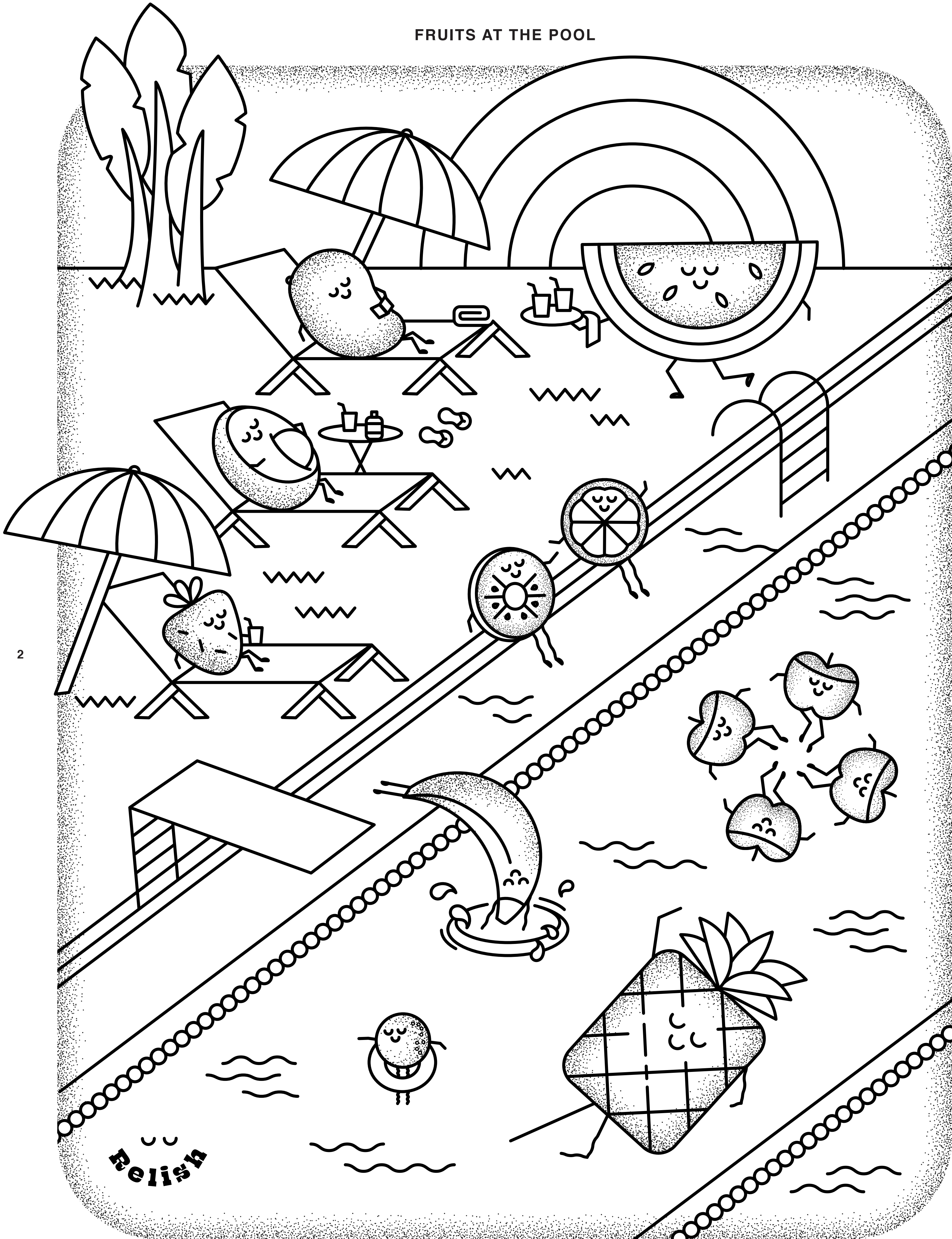


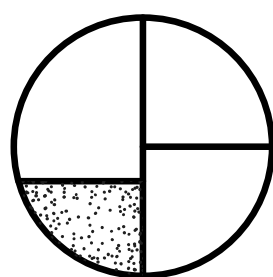
FRUITS AT THE POOL



2

5

Relish



RELISH celebrates the enjoyment of nutrition through a collection of posters inspired by *The Healthy Eating Plate*, a guide developed by *Harvard School of Public Health* for creating balanced meals.

You can eat a healthy and balanced diet by making $\frac{1}{2}$ of your plate fruits & veggies!

Can you name all of the fruits at the pool? _____

This poster was brought to you by:

